

**From Donegal direction:**

Take the N15 heading towards Ballyshannon.

Keep on the N15 for approximately 8 miles until you see a sign for Rosstown/Sandhouse Hotel.

Turn right at this point onto a smaller road (R231).

Continue on R231 for approximately 3 miles until you come to a church on the left hand side.

Take the next left after the church.

There'll be small brown sign pointing you in the right direction saying "Oceanview Complex".

The Centre is approximately 500 yards up that road on the right hand side.

(Don't take the signs at this point for Rosstown, otherwise you'll end up down at the Sandhouse Hotel and the beach which is the wrong direction).